



# Newsletter

3rd August 2020

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## From the Principal's Chair:

Winter is upon us and with it all the coughs and colds that are associated with the season. Please it is vital that if your child has any of these symptoms or are feeling unwell, you keep them home. We have just had our first case of Chicken Pox, so check your child for spots. I attach at the bottom of this newsletter a health note regarding this for more information.

Tomorrow afternoon three of our Teacher Aides are going to Christchurch to attend a LEGO Therapy Training course. LEGO-based therapy is an evidence-based social skills programme for individuals on the autism spectrum and related social skills difficulties. This is highly structured and uses childrens' own natural interests in LEGO to promote development of social communication and play. Our students will all benefit from this and upskilling all staff is vital to going forward.



Red Nose Day is upon us and will happen this Friday. Please send students in red and a donation of a gold coin would be appreciated.

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Our competitors last week in both Chess and Cross Country did well.

Our Rookies: Amelia, Hunter and Chloe came 2nd equal,

Juniors: Kaylin, Zigh and Jayko came 2nd equal

Intermediate: Jordyn, Vadim and Hannah came 6th in their section. Vadim came 7th out of 41 intermediate students

Well done to all players....

Basketball has started up again and here are the Runanga team players...Jemma was player of the day.

Well done everyone....

Stay safe

Nga mihi

Donna Hessel





**Birthdays this week:**

*No birthdays this week....*

**Our next board meeting is on this Thursday 20th August at 6.30pm. All are welcome.**

**Bee awards this week-  
"Looking after each other" is the value this week.**

Winners of the bee draw.....for keeping ourselves safe.

<b>Coal Creek-</b>	<b>West</b>
<b>Mawhera Nui-</b>	<b>William</b>
<b>Tasman-</b>	<b>Maddie C</b>



Great work.....

**Events coming up:**

Next Assembly is Friday 14th August

Red Nose Day-This Friday the 7th August

Teacher Only Day- 17th and 18th August

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Children should be immunised to stop them getting chicken pox. Talk to your doctor or public health nurse about immunisation.

A child may have a fever and a headache. Spots will appear with a blister on top of each spot. Blisters pop and get a scab or crust. The blisters are usually on the stomach, back and face, and then spread to other parts of the body. Blisters can also be inside the mouth and on the head



### **What to do**

Make sure your child drinks lots of fluid. Water is best.

Try and stop your child from scratching their skin. You could use calamine lotion or a cool bath to help the chicken pox become less itchy.

Keep your child's nails short and clean.

Check other children for chicken pox.

### **What to do if the chicken pox gets worse**

Go to the doctor if any of these things happen:

- spots get redder, warm or painful

- your child gets a fever, cough, diarrhoea (you say, dy-a-ree-a) or starts vomiting. These things can cause dehydration (where your child is getting rid of more fluid than they have from drinking water).

- Your child may need blood tests and antibiotics.

### **Time off from kura or school**

One week after the rash starts, or check with your doctor or public health nurse.





